

VEGETABLE RECIPES

- Listen and complete the recipe.

Vegetables Frittata

- 1 small onion
- 4 tablespoon of frozen peas
- 1 courgette
- 2 slices of ham
- 100 gr parmesan cheese
- 4 eggs
- 1 tablespoon of oil
- salt



Chop the, the and the
Add the and cook in a pan with for
minutes. Beat the with parmesan,
add the, ham and, then mix.
Pour the mixture in a baking tray and bake for minutes.

- Draw your favourite vegetable dish and describe it

	My favourite vegetable dish is

	It's made of:

ASCOLTARE, COMPRENDERE E SCRIVERE GLI INGREDIENTI RELATIVI A UNA RICETTA
A BASE DI VERDURE.